## PASSAIC VALLEY REGIONAL HIGH SCHOOL

100 EAST MAIN STREET, LITTLE FALLS, NEW JERSEY 07424

**Dr. Bracken Healy**Superintendent



**Mr. Colin Monahan**Business Administrator
Board Secretary

August 23, 2023

Dear Passaic Valley School Community,

School reopens on Thursday, September 7. This will be the first year with our new rotating drop schedule. On Thursday, September 7 and Friday, September 8 we will utilize an "E Day" schedule which means students will attend every period that day. Below are some notable changes for this year:

- The school day begins at 8:00am and ends at 2:35pm.
- > We have eliminated the homeroom period. Students must be in their first block class by 8am.
- > Juniors and Seniors may leave campus during their lunch and/or Flex period.
- ➤ On days when Juniors and Seniors have their Flex period during block 1, they do not need to report to school until the start of block 2.
- ➤ You can find the daily rotation and bell schedules by <u>clicking here</u>.

Some of the benefits for the rotating drop schedule are: students will experience the same class at different times of the day, learn time management skills, longer periods allow for more in-depth discovery of content, one common lunch block to eat with friends, and clubs/teams can meet during the common lunch block. Each student will also be assigned a Flex Learning period to collaborate with classmates, study, complete assignments or use it as a mental break. Research has demonstrated an increase in student achievement and a reduction in student stress levels with the rotating drop schedule.

Upon returning to school, administration will meet with each class to review the new schedule and answer any questions they might have. I hope you have a wonderful Labor Day weekend and we look forward to yet another rewarding school year.

Educationally yours,

Dr. Bracken Healy Superintendent

#SWARMUP